

Monthly Goals

Setting goals teaches children to strive for accomplishments. Monthly goals allow children and parents to track progress as children work toward their monthly reward.

Monthly Goals

A goal is something that you want to accomplish. Sometimes, reaching a goal can be hard work!

Think of three goals to set for yourself this month. For example, you may want to exercise for 10 minutes each day. Have an adult help you write your goals on the lines.

Place a sticker next to each goal that you complete. Feel proud that you have met your goals!

1. _____
2. _____
3. _____

Word List

The following words are used in this section. They are good words for you to know. Read each word aloud with an adult. When you see a word from this list on a page, circle it with your favorite color of crayon.

animal	number
color	past
lowercase	set
more	shape
noun	uppercase



Daily Pages

Pages are numbered for each day and coordinate with the traditional three-month summer vacation. Half-page exercises make it easy for children to complete an activity on their own. There's still time for play!

DAY 10 Vocabulary/Multiplication

Circle the meaning of each underlined word.

1. She has on a dark purple dress.
A. night B. not light
2. We were safe on the rock.
A. without danger B. place to keep things
3. Fernando had to be home before dark.
A. morning B. night
4. I took a trip to the museum.
A. a visit B. to stumble
5. The bank closes at five o'clock.
A. place where money is kept B. a steep hill

Solve each problem.

6. $\begin{array}{r} 20 \\ \times 2 \\ \hline \end{array}$	7. $\begin{array}{r} 50 \\ \times 7 \\ \hline \end{array}$	8. $\begin{array}{r} 90 \\ \times 4 \\ \hline \end{array}$	9. $\begin{array}{r} 80 \\ \times 3 \\ \hline \end{array}$	10. $\begin{array}{r} 40 \\ \times 6 \\ \hline \end{array}$
11. $\begin{array}{r} 30 \\ \times 2 \\ \hline \end{array}$	12. $\begin{array}{r} 60 \\ \times 8 \\ \hline \end{array}$	13. $\begin{array}{r} 10 \\ \times 8 \\ \hline \end{array}$	14. $\begin{array}{r} 20 \\ \times 3 \\ \hline \end{array}$	15. $\begin{array}{r} 70 \\ \times 1 \\ \hline \end{array}$

CHARACTER CHECK: Look up unique in a dictionary. How are you unique?

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Real-World Activities

- Hands-on projects
- Character development
- Fitness challenges
- Outdoor learning activities



Social Studies Activity

BONUS

Being a Good Citizen

A good citizen helps the community, protects the environment, follows rules, and treats others with respect. Circle the two pictures that show children being good citizens.



Draw and color a picture that shows how you are a good citizen.

Outdoor Extension Activities

Take It Outside!

Play a game of hopscotch to reinforce counting skills. Use sidewalk chalk to draw a basic, numbered hopscotch pattern on a safe sidewalk or driveway. Find two outdoor objects for you and your child to pick up, such as pinecones or smooth stones. To add counting and physical challenges, draw another hopscotch pattern with random numbers so that your child has to jump a little farther and find the numbers in order. Add more numbers as your child becomes familiar with each pattern.

Invite your child to a summer picnic! Make sandwiches, snacks, and drinks. Put it all in a picnic basket! And grab a blanket. Before eating, talk about the five senses—taste, smell, sight, hearing, and touch. As your child eats each food item, talk about the variety of tastes and smells, such as the salty potato chips and sweet apple slices. Point out the things you and your child can hear, see, and feel during the picnic, like the crunch of the carrots, the color of the birds, and the softness of the grass beneath the blanket.

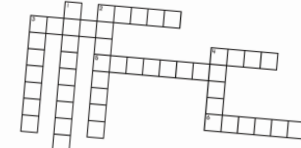


Explain to your child that when paper, plastic, metal, or glass is recycled, it is remade into something useful. For example, plastic milk jugs may become building materials. Recycled glass bottles or aluminum cans can be remade into new bottles or cans. Talk about ways that recycling is good for the planet, such as conserving natural resources and saving landfill space. If your community participates in a recycling program, allow your child to help you sort the recyclable items or take a trip to the recycling center to drop off your recyclable materials.

DAY 17

Language Arts

Choose a word from the word bank that is a synonym for each bold word. Then, write it in the crossword puzzle.



remember
well-known
starving
smart
great
crowd
doctor
grabbed
chew

- Across**
2. My **intelligent** dog learned a new trick.
 3. Your party was **superb**!
 4. Jack's puppy likes to **gnaw** on toys.
 5. Do you **recall** the phone number?
 6. I went to my **physician** when I got sick.
- Down**
1. On Monday, a **famous** artist will visit us.
 2. I was **famished**, so I ate a snack.
 3. My aunt **grasped** the railing as she came down the stairs.
 4. A **mob** of fans was at the concert.

Below are some sentences about the first president of the United States, George Washington. Read the sentences and put them in the correct chronological order.

- When his father died in 1743, Washington went to live on a plantation known as Mount Vernon.
- George Washington was born in 1732 in Virginia.
- Washington married Martha Dandridge Custis in 1759.
- Washington became the first president of the United States in 1789.
- George Washington died in 1799.
- In 1758, Washington served in the Virginia House of Burgesses.
- Washington served in the French and Indian War from 1754–1758.



FITNESS FLASH: Do arm circles for 30 seconds.

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Summer Bridge® Essentials Backpacks



Shown here: Summer Bridge® Essentials Backpack for grades 5–6 with contents

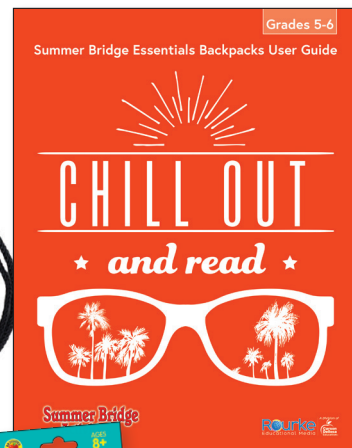


Summer Bridge Activities® workbook

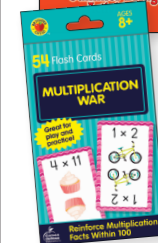
CONTENTS INCLUDED:



Two popular fiction and two nonfiction books



User Guide



Flash Cards

Includes a parent connection guide to increase family engagement.

The Summer Bridge® Essentials Backpack includes three key parts for practice and enrichment to help keep your child learning all summer long.

A Summer Bridge Activities® Workbook

This comprehensive workbook provides two fun practice pages for each day of your child's summer vacation. Engaging, age-appropriate activities cover reading, writing, language arts, and math. Bonus activities feature science, social studies, fitness, character development, and more.

Summer Reading Books

Includes four colorful, high-interest titles—two popular nonfiction books paired with two popular fiction books. Each grade-appropriate title is specially selected to match your child's reading level.

Flash Cards

These handy cards are great for helping your child practice important skills and recall facts. Great for on-the-go, you can bring flash cards along for when you run errands, or pull them out when there's a few minutes between activities.

Qualifies for Title I Funds

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